

# St Benedict's Parish Arcadia

*To listen gladly to Holy reading.*



## **COVID-19 RESTRICTIONS UPDATE** *From BISHOP ANTHONY RANDAZZO:*

- Church/Chapel open from Monday 11th October for private prayer and visit to the Blessed Sacrament.
- Reconciliation/Confession by appointment only.
- No public Holy Masses until further notice.

Please contact Father Hilarion for the following:

**BAPTISMS  
RECONCILIATION  
FOR THE SICK  
MARRIAGES  
FUNERALS**

- Also contact Father Hilarion for any spiritual assistance or services.
- You can collect the Church key from the Monastery if needed.
- Month of October is Rosary month, you are encouraged to pray the Rosary in Church or at home.

**Fr Hilarion: 0478 909 541**

## **SUNDAY HOLY MASS PRAYER**

*Let us pray:*

May your grace, O Lord, we pray,  
at all times go before us and follow after  
and make us always determined  
to carry out good works.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

**Amen.**

## **Twenty-Eighth Sunday in Ordinary Time Year B**

9 & 10 October 2021



### **A SPIRITUAL COMMUNION BY SAINT ALPHONSUS LIGUORI**

*My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you already here, and unite myself wholly to you. Never permit me to be separated from you.  
**Amen.***

### **FR HILARION WRITES**



Dear friends in Christ,

As we await the greater freedom to congregate to celebrate Sacraments, especially the Holy Eucharist (Holy Mass), today's Gospel story of the rich young man invites us to reflect, how far, are we ready to go to follow Jesus? The story reminds us, following Jesus is much more than mere observance of rules and commandments. It is an invitation to play the (religious) game at the highest level.

Thomas A Kempis said, "For a small reward a man will hurry away on a long journey, while for eternal life, many will hardly take a single step." (Imitation of Christ).

St. Paul said to Timothy - "Our goal is to take hold of the eternal life to which you were called when you made the good profession in the presence of many witnesses (1 Tim 6,12).

Let us ask ourselves, Am I responding to Jesus with bare minimum, missing the essentials in my faith journey?  
Have wonderful week with the Lord!

See you soon at Church.

May God bless you and all your loved ones!!

Yours in Jesus,

Dom Hilarion OSB

**First Reading****Wisdom 7:7-11 (JB)**

A reading from the book of Wisdom

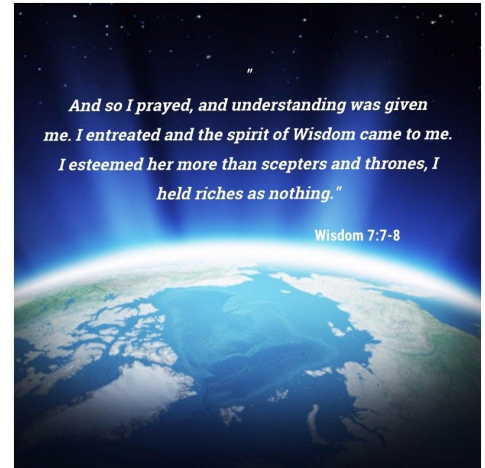
*In comparison to wisdom, I held riches as nothing.*

I prayed, and understanding was given me;  
I entreated, and the spirit of Wisdom came to me.  
I esteemed her more than sceptres and thrones;  
compared with her, I held riches as nothing.  
I reckoned no priceless stone to be her peer,  
for compared with her, all gold is a pinch of sand,  
and beside her silver ranks as mud.  
I loved her more than health or beauty,  
preferred her to the light,  
since her radiance never sleeps.  
In her company all good things came to me,

at her hands riches not to be numbered.

**The word of the Lord.**

**Thanks be to God.**

**Second Reading****Hebrews 4:12-13 (JB)**

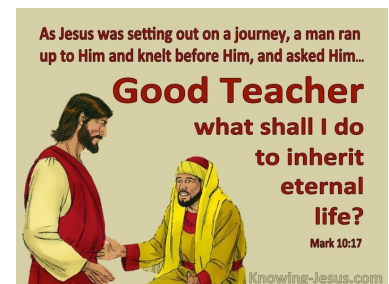
A reading from the letter to the Hebrews

*The word of God discerns the thoughts and intentions of the heart.*

The word of God is something alive and active: it cuts like any double-edged sword but more finely: it can slip through the place where the soul is divided from the spirit, or joints from the marrow; it can judge the secret emotions and thoughts. No created thing can hide from him; everything is uncovered and open to the eyes of the one to whom we must give account of ourselves.

**The word of the Lord.**

**Thanks be to God.**

**GOSPEL****Mark 10:17-27 (JB)**

A reading from the holy Gospel according to Mark

*Go and sell whatever you have and come follow me.*

Jesus was setting out on a journey when a man ran up, knelt before him and put this question to him, 'Good master, what must I do to inherit eternal life?' Jesus said to him, 'Why do you call me good? No one is good but God alone. You know the commandments: You must not kill; You must not commit adultery; You must not steal; You must not bring false witness; You must not defraud; Honour your father and mother.' And he said to him, 'Master, I have kept all these from my earliest days.' Jesus looked steadily at him and loved him, and he said, 'There is one thing you lack. Go and sell everything you own and give the money to the poor, and you will have treasure in heaven; then come, follow me.' But his face fell at these words and he went away sad, for he was a man of great wealth.

Jesus looked round and said to his disciples, 'How hard it is for those who have riches to enter the kingdom of God!' The disciples were astounded by these words, but Jesus insisted, 'My children,' he said to them, 'how hard it is to enter the kingdom of God! It is easier for a camel to pass through the eye of a needle than for a rich man to enter the kingdom of God.' They were more astonished than ever. 'In that case' they said to one another 'who can be saved?' Jesus gazed at them. 'For men' he said 'it is impossible, but not for God: because everything is possible for God.'

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**

## GOSPEL REFLECTION

Wisdom 7:7-11, Psalm 90:12-17, Hebrews 4:12-13, Mark 10:17-30

*They were exceedingly astonished. (Mark 10:26)*

Of course the disciples were astonished! Jesus had just told them that the rich would find it especially hard to enter the kingdom of heaven. This went against everything they believed. There was a strong strain in ancient Judaism that said that material wealth was a sign of God's blessing. But here was Jesus telling the rich young man to join the ranks of the poor. What is he doing?

First, notice that Jesus wasn't condemning the man for his wealth. On the contrary, Mark tells us that Jesus "loved him" (10:21). Jesus no doubt valued this man's observance and his sincere desire to be pleasing to God. Surely that's how Jesus looks upon everyone who tries to do his will, regardless of how wealthy they may or may not be.

Second, it wasn't Jesus who rejected the man; it was the other way around. Granted, Jesus had set a high bar for him, but there's every indication that Jesus would have helped him make the tough decision to sell all and follow him. But the man walked away too quickly. And he went away "sad" (Mark 10:22).

Finally, Jesus saw that this man's attachment to his possessions could get in the way of his ability to follow Jesus. Just as he had called Matthew and Peter and the others leave their jobs, Jesus wanted this man to break free from the one thing that was hindering him from living as a wholehearted disciple. He wanted all his disciples to find freedom through detachment so they could focus on loving him and one another.

Today, Jesus is looking at you with love. He has a high calling for you and is ready to help you fulfill it. And he is asking you to let go of anything that distracts you from that calling. What might that be? Take him up on the offer. Don't walk away sad.

***"Lord, help me give up whatever is keeping me from you."***

(From: Word Among Us, India) - Daily Gospel Reflections.

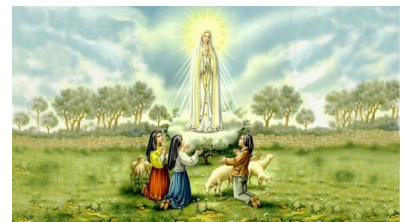
## LITURGICAL FEASTS AND EVENTS OF THE WEEK

Monday	11th October 2021:	St John XXIII, pope
Wednesday	13th October 2021:	Our Lady of Fatima
Thursday	14th October 2021:	St Callistus I, pope, martyr
Friday	15th October 2021:	St Teresa of Jesus, virgin, doctor
Saturday	16th October 2021:	St Hedwig, religious St Margaret Mary Alacoque, virgin

Source: Ordo 2021



***Our Lady of Fatima  
October 13***



### PRAYER:

O Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifference by which He is offended. By the infinite merits of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I beg the conversion of poor sinners.

**\*Delivered by the Angel of Peace during the Third Apparition of the Angel in October 1916. The Angel appeared to the three shepherd children holding a chalice in his hands, with a Host above it from which drops of Blood were falling into the chalice.**

SOURCE: fatimacentennial.com

## THE RULE OF ST BENEDICT

### Chapter 4

*Not to render cursing for cursing, but rather blessing.*

#### PARISH FUNDS

##### Important Update

Change of Bank Details

**THANK YOU** to everyone who has supported the parish by helping out in the past few weeks. We really appreciate it.

With the suspension of Liturgies and Masses, our parish income has been severely affected, especially we have not had a fete for two years. Planned Giving, Donations and Electronic Transfers can keep us going during this difficult time. If you are in a position to do so, please consider maintaining your Planned Giving donations.

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

#### PLEASE NOTE NEW BANK DETAILS

**Bank Details for ONLINE only donations:**

**BSB: 062 784**

**Acct: 100002141**

**Name: Catholic Parish of Arcadia Bank:**

**CBA—Catholic Development Fund**

God bless you all!

#### ST VINNIES

This is the link to the **Vinnies Metropolitan Schools and Youth Term 4 2021 Newsletter:**

[bit.ly/VinniesSchoolYouthNewsTerm42021](http://bit.ly/VinniesSchoolYouthNewsTerm42021)

The 2021 edition of the **Mini Vinnies Formation Program (MVFP)** for students in Years 4 – 6 is available for those who wish to undertake Social Justice Formation in their own time. For more information please go to <https://bit.ly/VinniesMVFP>



#### PRAYER REQUEST

Prayers for the repose of Alfio La Spina. Alfio's **25th Anniversary** of his death occurs on Monday 11th October 2021

##### ALFIO LA SPINA



*Eternal Rest grant to him Oh Lord,  
And let the Perpetual light shine upon him,  
May he Rest in Peace.  
Amen*

***Our prayers and thoughts are with  
Marisa, Rosanna, Rita and families.***

#### ORDINATION ANNOUNCEMENT



The Diocese of Broken Bay joyfully announces the upcoming Ordination to the Holy Priesthood of:

- **Deacon Roger Delmonte**
- **Deacon Aldrin Valdehueza**
- **Deacon Samuel French**

The candidates will be ordained by Most Reverend Anthony Randazzo, Bishop of Broken Bay, on **Monday, October 18, 2021 at 11:30 am**, at Our Lady of the Rosary Cathedral Waitara.

**PLEASE NOTE:** Due to restrictions resulting from the current COVID-19 pandemic, the Ordination Mass will be live-streamed. All are invited to participate in the Mass via live-stream on our diocesan website: [www.bbcatholic.org.au/ordination](http://www.bbcatholic.org.au/ordination)

Please keep Deacons Roger, Aldrin, and Sam in your prayers, as they enter into a six-day retreat on 11 October, in preparation for their Ordination to the Sacred Priesthood on the Feast of Saint Luke the Evangelist!

## In Our Parish

We remember in our prayers, all our dearly beloved who have died,  
*especially Gilbert Watt's father.*

We pray for the sick of our Parish,

*especially the Kazzi family, Brother Mario, and Theresa Gittany (Lila Bacha's mum).*





## CATHOLIC CARE BROKEN BAY

**Are you struggling to pay the bills? CatholicCare can help with Coles or Woolworths vouchers.**

Times are tough. You might have lost work due to the lockdown, or you might be finding it hard to put food on the table. Please call CatholicCare on (02) **9481 2600** or email them at [info@catholiccaredbb.org.au](mailto:info@catholiccaredbb.org.au). They are here to help our parish families.

Please note this support is able to be offered due to Government funding so they will require ID and some documentation to access assistance but they can walk you through the requirements.

## OUR NEW ADDRESS

Hornsby Council have officially given the Church property it's own address.

Our official address is: **2 Fagans Road, Arcadia.**

Our postal address remains, 121 Arcadia Road, Arcadia.

Please update your records accordingly.

## ARE YOU CALLED TO SERVE AS A WITNESS TO YOUR FAITH?

If you have ever thought about becoming a catechist, now is a good time to respond and make an enquiry.

CCD is offering Zoom training in Term 4 to upskill new catechists and helpers to enable them to teach, or assist an experienced catechist, in one of our public schools in 2022.

Click on the link for more information or contact our Parish Catechist Coordinator:

Miriam Brown on 9652 0558.



## Prayer For The Month Of October

Heavenly and Blessed Father, we  
welcome the new month of  
October with great expectation  
and hope.

Lord, it's difficult to find the  
words to express my gratitude  
for all the ways You have blessed  
my life.


As I prepare for this new month,  
I know that I cannot do it  
without You. But Your love and  
strength empower me.

Thank You for Your  
unconditional love. I embrace  
Your love and peace.

I will keep my eyes focused on  
You. In Jesus name I pray,  
Amen!

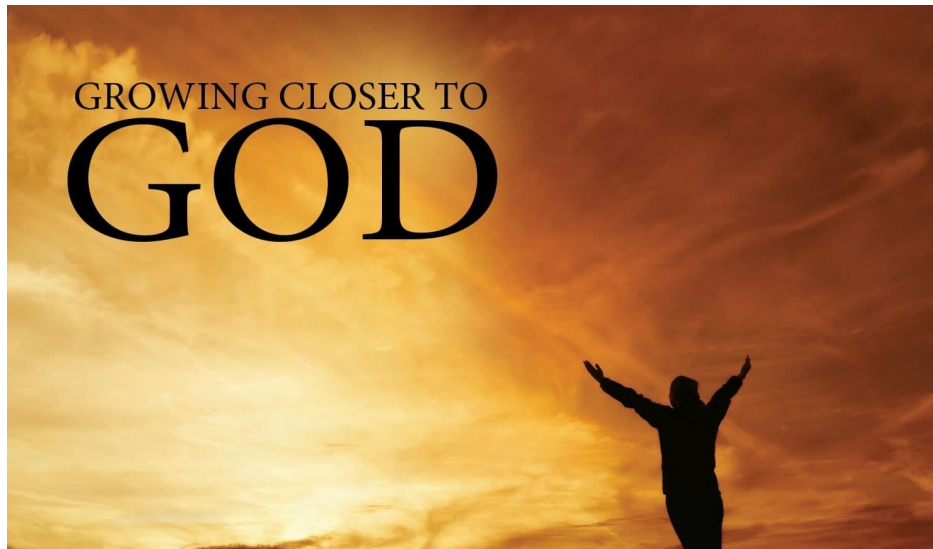
## Feast of St Francis of Assisi Monday 4th October

Lord, make me an instrument  
of your peace,  
where there is hatred, let me sow love,  
where there is injury, pardon,  
where there is doubt, faith,  
where there is despair, hope,  
where there is darkness, light,  
and where there is sadness, joy.  
O Divine Master,  
grant that I may not so much seek  
to be consoled as to console,  
to be understood as to understand,  
to be loved as to love.  
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are  
born to eternal life.

  
Prayer of Saint Francis

© Skerita Lovell 11

## 12 WAYS TO GET CLOSER TO GOD



1. **Get quiet.** Turn off the radio and TV, step away from your computer, put away your phone, and find a quiet spot to simply rest in God's presence.
2. **Read your bible.** Underline, highlight, or write out passages, verses, phrases or words that speak to you. These are the gifts that keep on giving when you need encouragement down the road.
3. **Write out your prayers** in a dedicated notebook; these can be for others or yourself. Then spend time in prayer.
4. **Go for a walk and talk with God.** Share your heart: what is troubling you, what you are thankful for, and your hopes and dreams. He listens.
5. **Meditate on Scripture.** Choose a verse or short passage, read it several times, and invite the Holy Spirit to speak to you about what you have learned in the context of what's happening in your life right now.
6. **Put on some worship music** and immerse yourself in the melody and lyrics. Sing along, dance...or just listen. Let the Holy Spirit minister to you.
7. **Marvel at the world God has created.** Walk in the forest, sit by a bubbling stream, watch a mother bird feed her young, or drive out in the country for a picnic. Let the experience soak in.
8. **Journal** what God has been speaking to you about today.
9. **Share what God has done for you** with a friend or family member. Witnessing is a powerful tool for our own spiritual growth, and pleases the Lord.
10. **Do something for someone else** without expecting anything in return.
11. **Use the gifts God has given you.** If He has called you to create, then create. If He has called you to administer, then administer. If He has called you to shepherd, then shepherd.
12. **Fast.** Fasting brings clarity of mind and combined with any of the above, gives you the potential for a remarkable encounter with God.

## SAINT OF THE WEEK

***Saint Margaret Mary Alacoque, Virgin***

*c. 1647—1690*



*Feast Day: October 16*

***Patron Saint of patients with polio, devotees of the Sacred Heart, loss of parents***

***A cloistered 17th century nun's Sacred Heart visions impact the church like a meteor***

Today's saint, in the eyes of the world, was nothing special. She grew up in a medium-sized town, never traveled, received a standard education, was not wealthy, had normal intelligence, and died at the age of forty-three. But she had visions. Powerful, thought-provoking, descriptive visions. If she were not a nun, people would probably have whispered that Margaret was eccentric and politely ignored her. But Margaret's austere life as a cloistered nun buttressed her credibility. And when a holy Jesuit priest, Saint Claude de la Colombière, disseminated the content of her visions, it sparked broader interest which eventually spread like wildfire around the globe. The innumerable cells in the body of Christ carried Margaret Mary's visions one to the other, until devotion to the Sacred Heart became so common as to be prototypically Catholic. But it was not always so. It was today's saint who made devotion to the Sacred Heart commonplace.

Saint Margaret Mary grew up in a large, pious, middle-class family in France in the middle of its great century of Catholic revival. She was a daughter, so to speak, of Saints Francis de Sales and Jane Frances de Chantal. The latter founded the Order of the Visitation after being inspired by the life and writings of Francis de Sales. Margaret joined her local Visitandine convent in 1671 in Paray-le-Monial, just ten years after Jane had died. Margaret suffered from serious physical ailments and so was not outstanding for her practical service to the convent. But she was especially devout and dedicated to mental prayer. From her childhood she had experienced a closeness to Jesus Christ so unique that she thought everyone experienced it. In the convent Jesus visited her often, speaking to her as if they were old friends. And like an old friend, He opened His heart to her and told her things He told no one else. He said He was sad. He said He was disappointed in the laxity of so many of the faithful, especially those consecrated to Him. And then one day He did something extraordinary – He showed Margaret His human, red as a ruby, heart.

These were not visions of the exalted, seated Christ as King of the Universe, nor of Jesus the High Priest consecrating the world to the Father surrounded by saints and angels. This was the humble, slightly sad and discouraged Jesus wondering where all his friends had gone: "I receive from the greater part only ingratitude, by their irreverence and sacrileges, and by the coldness and contempt they have for me in this sacrament of love...." It was all about the Blessed Sacrament. Jesus wanted more devotion to Him in the tabernacle, and He wanted it at specific times. He asked Margaret to come before Him for one hour at 11 p.m. every first Thursday of the month. He made promises to those who received Holy Communion on nine consecutive First Fridays. This was the seventeenth century version of the twentieth century Divine Mercy devotion.

Saint Margaret Mary was not the first person, nor the first saint, to talk about the Sacred Heart. But she was the first dedicated ambassador of this message of mercy. And God used her effectively. As part of her canonization process her tomb was opened in 1830 and she worked a miracle of healing. Images of the Sacred Heart were commonly enthroned in Catholic homes with its promises described in detail. In 1919 in Paris an enormous Basilica on Montmartre was dedicated to the Sacred Heart. Saint Margaret Mary was canonized in 1920. Her body can be seen under an altar in the chapel dedicated to the Sacred Heart at Paray-le-Monial.

*Saint Margaret Mary Alacoque, your life of prayer and devotion to Jesus was that of a prolonged discussion with an intimate friend. Help us to dialogue with Jesus like you, knowing Him and loving Him in the hiddenness of the tabernacle.*



# For we CANNOT KEEP FROM SPEAKING about what we have SEEN & HEARD

ACTS 4:20

In two weeks, Catholic Mission will share with us the powerful story of Churai\*, a mother who found her way to the Mother and Babies Home, run by the Good Shepherd Sisters in Bangkok, Thailand, during a desperate time in her life.

The Good Shepherd Sisters' mission is to promote the dignity and human rights of all, especially women and children; but they can only do that with support from people like you.

Please come with an open and generous heart.

\*Name and images altered to protect identity



Freecall: 1800 257 296  
catholicmission.org.au/thailand



## POPE FRANCIS' INTENTIONS FOR OCTOBER 2021

### Missionary Disciples

We pray that every baptised person may be engaged in evangelisation, available to the mission, by being witnesses of a life that has the flavour of the Gospel.  
**AMEN.**



## COVID 19 RESTRICTIONS—ALL MASSES SUSPENDED UNTIL FURTHER NOTICE see front page.

### PLEASE WEAR MASKS.

Please use QR CODE or write your name and phone number on the sheets provided at both entries.

Please adhere to social distancing guidelines of 4sqms and sanitise your hands at the door.

Also wipe seats down afterwards with wipes provided at both entries.

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,  
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

## SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help.

These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

## ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours: **Currently Fridays 3pm to 6pm**

Parish Office: **9653 2312**

Parish Priest: **Fr. Hilarion Fernando OSB**

After hours: **0478 909 541**

Email: **arcadia.parish@bigpond.com**

Website: **www.bbcatholic.org.au/arcadia**

Facebook: **stbenedictsarcadia**

Address: **2 Fagans Road,  
Arcadia NSW 2159**

Monastery: **9653 1159**

Postal address: **121 Arcadia Rd, Arcadia NSW 2159**

For all parish Occupational Health & Safety and  
Safeguarding Children matters  
Contact: Lorraine Dailey on 0416 081 882.

Bank Details for ONLINE only donations:  
BSB: 062 784  
Acct: 100002141 (**NEW BANK DETAILS**)  
Name: Catholic Parish of Arcadia Bank:  
CBA—Catholic Development Fund